

Older Girl Leadership Progression

As the older girl leadership progression evolves, here is what (for the rest of this program year) girls are being trained on:

- ★ Program Aide Training (6-12th grade members): The required pre-requisite for all the trainings below. Topics covered in Program Aide include
 - The role and responsibilities of the Program Aide.
 - Understanding the significance of positive role models for younger girls.
 - Identifying between 1 – 5 personal skills that can be shared with younger girls.
 - Understanding the Girl Scout Three Keys to Leadership
 - Becoming familiar with the basic tools necessary to plan safe, appropriate, fun, activities for girls.
 - Identify differences in planning activities for girls of different age levels
 - Becoming familiar with Council resources available to Program Aides.
 - Using *Safety-Wise* Activity Checkpoints as a resource for determining safety in Girl Scout activities.
 - Understand the role and responsibilities of a YEA and how to sign up for service opportunities.
- ★ Junior Caddie Training (6 – 12th grade members) are receiving training in the following areas:
 - Introduction to leading songs
 - Introduction to leading games
 - Introduction to day camp and the role as a volunteer (vs a camper/participant)
 - Introduction to fire-building and Basic Outdoor Cooking (No Cook, Foil, Fork, and Pie Iron)
 - Introduction to Girl Scout Ceremonies
 - How to lead a flag ceremony
 - How to set up and take down tents
 - Introduction to Leave No Trace Philosophy
- ★ Caddie Training (7-12th Grade Members) are receiving training in the following areas:
 - Effective Interpersonal Communication
 - What is Conflict Management and how to use it
 - Review of previous fire-building and outdoor cooking skills
 - Introduction to healthy meal choices outdoors
 - Advanced Outdoor Cooking: One pot, Dutch Oven, Boxed Oven, Charcoal, Fry Pan, Griddle
 - Nature Activities and how to incorporate them into Camp
 - Introduction to Knots
 - Introduction to Jack Knife Safety
- ★ Senior Caddie Training (9 – 12th grade members) are receiving training in the following areas:
 - Practicing leading by example
 - Learning how to mentor Caddies
 - Learning how to guide Junior Caddies
- ★ Counselor in Training I (CIT I) is for girls in grades 10 – 12:
 - For young women interested in becoming camp staff
 - Two-week program in which girls learn about behavior management, role-play, learn songs and games, expand their repertoire of camp skills, and develop teamwork skills.
 - Plan, coordinate, and implement camp activities for younger campers and spend time shadowing camp staff.
 - The program will start at specified camps and travel to other River Valleys camps throughout the program.
- ★ Counselor in Training II (CIT II) is for girls in grades 11 – 12:
 - For those who have successfully completed CIT I
 - Three-week program building on previous experience.
 - Learn behavior management techniques, effective communication, decision making, and conflict resolution.
 - Participants spend more time in units with camp counselors, planning and delivering programs.
 - Shadow support and administrative staff to learn about the behind-the-scenes work at camp.